

## ACCOUNTS

SOCIAL

EMAIL



# LOCKDOWN YOUR: GOOGLE / GMAIL



KEY:  
**BOLD** = CRITICAL

## Restrict Access

- ❑ Turn on two-factor authentication (2FA) [How-To Link](#)
- ❑ Use a strong, unique password - store securely [How-To Link](#)
- ❑ Change password if used on other accounts or if you think you've been hacked [How-To Link](#)
- ❑ Restrict access to only those who need it

## Reduce Vulnerabilities

- ❑ Run Security Checkup [How-To Link](#)
- ❑ Enable "Ask before displaying images" in Gmail [How-To Link](#)
- ❑ Remove untrusted + unnecessary connected apps [How-To Link](#)
- ❑ Only sign in to Google on updated devices & web browsers free of malware

## Avoid User-Initiated Attacks

- ❑ Verify links in emails, chat are legit before clicking [Click for Link Checker](#)
- ❑ Verify attachments in emails are legit before clicking [Click for File Checker](#)

## Detect Threats & Breaches

- ❑ Review Security Events for suspicious activity - change password if necessary [How-To Link](#)
- ❑ Verify no suspicious devices logged into your account [How-To Link](#)

## Backup Data and Account

- ❑ Set a recovery phone number or email address (for emergency access) [How-To Link](#)
- ❑ Get Backup Codes (for emergency access) and store securely [How-To Link](#)
- ❑ Download data to a secure device protected with strong, unique password [How-To Link](#)

## Privacy

- ❑ Review and adjust what others can see about you [How-To Link](#)
- ❑ Review and adjust info Google saves on you [How-To Link](#)
- ❑ Review and adjust info Google uses to advertise to you [How-To Link](#)

Run Google's Privacy Checkup  
<https://myaccount.google.com/privacy>



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