



# LOCKDOWN YOUR: iPhone



KEY:  
**BOLD** = CRITICAL

## Restrict Access

- ❑ **Lock + encrypt phone with strong, unique “Custom Alphanumeric Code” (password)** [How-To Link](#) + **store securely** [[PASSWORD MANAGERS](#)]
- ❑ Set screen auto-lock to 1 minute or less ([How-To Link](#))
- ❑ Manually lock phone when you step away from it
- ❑ Enable TouchID ([How-To Link](#)) or FaceID ([How-To Link](#)), to unlock phone quickly + securely + help with good security habits
- ❑ Use a VPN when connecting to untrusted WiFi [[VPNs](#)]
- ❑ Use a secure call/message app when sending sensitive info [[SECURE CALL/MESSAGE APPS](#)]
- ❑ Restrict access to only those who need it

## Reduce Vulnerabilities

- ❑ **Check and update your device’s software every couple months** [How-To Link](#)
- ❑ **Enable automatic app “Updates”** [How-To Link](#)
- ❑ Remove unnecessary or questionable apps [How-To-Link](#)
- ❑ Limit app access to data as appropriate [How-To Link](#)

## Detect Threats & Breaches

- ❑ Use Anti-Virus + enable automatic updates + scans [[ANTI-VIRUS](#)]

## Backup Data

- ❑ Download data to a secure cloud backup [or secure device; use 2FA (cloud backup) + strong, unique password [[SECURE BACKUP](#)] [[iCloud backup How-To](#)]

## Recover Lost/Stolen Device

- ❑ Download and set up “Find my iPhone” [How-To Link](#) [[SECURE BACKUP](#)]

## PRIVACY

- ❑ “Limit Ad Tracking” for in-app ads based on your interests [How-To Link](#)
- ❑ Hide message content on lock screen [How-To Link](#)
- ❑ Set which apps can have access to your location [How To-Link](#)

## PARENTAL CONTROL

- ❑ Consider App Restrictors for kids [COMING SOON]
- ❑ Consider limiting home wi-fi usage [[WI-FI SECURITY ROUTERS](#)]



DOWNLOAD AT  
[enabldsecurity.com/cheat-sheets.html](https://enabldsecurity.com/cheat-sheets.html)



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